



Ihre Irlandspezialistin

www.irlandspezialistin.com

Your Ireland Specialist www.yourirelandspecialist.com

Why fly all the way to India?

Experience Ayurveda here in Ireland

Do you crave for chocolate lots of times?

Do you want to have more energy and eat healthier?

Are you interested in yoga?

Than join us for the Ayurveda Days **in the magical Parknasilla Hotel & Resort, Co. Kerry from the 22nd to the 26th of October 2010**

For all Kerry Business Womans Network Members:

10% off on any Ayurvedic Massage, Normal Price: 60 €, KBN Price: 54 €

Price for 4 nights:

€ 530 Double/Twin

€ 610 Single

Whats included:

- 4 nights in one of the beautiful 2 bedroom lodges
- 3 daily meals
- A selection of Ayurvedic teas
- Yoga course
- One Ayurvedic massage (additional ayurvedic massages can be booked)
- Guided walks
- Individual sea-salt bath
- Full complimentary access to the pool, hot tubs and thermal suite in the Parknasilla Hotel
- A recipes folder